

# MS 101: Army Critical Thinking Intro

Introduces students to the personal challenges and competencies that are critical for effective leadership and communication. Students learn how the personal development of life skills such as cultural understanding, goal setting, management, stress management, and comprehensive fitness relate to leadership, officership, and the Army profession. As students become further acquainted with MS 101, they learn the structure of the ROTC Basic Course program consisting of MS 101, 102, 201, 202, Fall and Spring Leadership Labs, and CIET. The focus is on developing basic knowledge and comprehension of Army leadership dimensions, attributes and core leader competencies while gaining an understanding of the ROTC program, its purpose in the Army, and its advantages for the student.

**Credits:** 1

**Program:** [Military Science](#)